

July 8, 2026

Our God Is Lord

Eph. 6:10 *Finally, be strong in the LORD and in His mighty power.*

Paul is exhorting the church of Ephesus to walk in the power of the LORD instead of their own power. This is done by being obedient to those in authority over us and specifically to the LORD Himself. It is in obedience that we are able to walk in integrity and experience His mighty power.

Paul then begins to explain the weapons of our warfare. In his explanation, we get a sense of the spiritual forces that are ever on the attack. The evil one wants to steal, kill and destroy. The rulers, authorities and powers of this dark world and the spiritual forces of evil in the heavenly realms seem to be a formidable force. But not so to our Mighty King. We can stand firmly when we are fitted with the armour of God. His truth, righteousness, peace, faith, salvation, His word and prayer are all powerful to take down and repel the powers of the evil one. So, to be strong in the LORD, and His mighty power is to be obedient to stand, clothed in His might. Without this, we are sitting ducks. But in His power, the enemy must flee.

Without the strength and protection of our Father, we have no hope in this world. But take heart! He has overcome the world. My Father is the LORD God Almighty. Nothing is too difficult for Him. He will always be in control. He will always win.

Dear LORD, help us to obey You today. It is in obedience that we realize Your great strength and protection. We look to You and You alone. You are Almighty God. We praise and worship You. In Jesus Name, Amen.